

UKA: National Young Athletes League 2004

<http://www.natyal.co.uk>**Southern (East) Division 1 Croydon Arena****Sunday, July 18 2004**

				Perf	Records	Grades					Perf	Grades		
				Wind=								Wind=		
T13	17M 100m 'A'						17M 100m 'B'							
1	F	Danny Doyley	Croydon	11.2		G1*	1	FF	Emlyn Akoto	Croydon	11.4		G2*	
2	B	Tom Bavington	Basildon	12.1		G4	2	BB	Steve Groom	Basildon	14.2			
3							3							
4							4							
T30	17M 200m 'A'						17M 200m 'B'							
1	F	Danny Doyley	Croydon	22.9		G1*	1	FF	Emlyn Akoto	Croydon	23.4		G2*	
2	B	Tom Bavington	Basildon	23.4		G2*	2	BB	Gianni Frankis	Basildon	24.1		G4	
3	E	Joe Blake	Southend	25.9			3							
4							4							
T49	17M 400m 'A'						17M 400m 'B'							
1	B	Chris Phillips	Basildon	51.6		G2*	1	F	Celestino Enengo	Croydon	57.8			
2	FF	George Thatcher	Croydon	53.7		G3	2	BB	Lee Tydeman	Basildon	58.2			
3	EE	Kieran Quinn	Southend	55.3		G4	3	E	Daniel Chapman	Southend	63.4			
4							4							
T22	17M 800m 'A'						17M 800m 'B'							
1	B	Scott Phillips	Basildon	02:00.5		G2*	1	BB	Lee Tydeman	Basildon	02:12.5			
2	E	Mark Bailey	Southend	02:05.2		G4	2	F	Ashley George	Croydon	02:14.0			
3	FF	George Thatcher	Croydon	02:05.6		G4	3							
4							4							
T61	17M 1500m 'A'						17M 1500m 'B'							
1	B	Scott Phillips	Basildon	04:19.3		G3*	1	BB	Steve Groom	Basildon	04:41.9			
2	N	Paul Bumstead	Thurrock	04:24.7		G4	2	FF	Ben Little	Croydon	05:29.6			
3	F	Ashley George	Croydon	05:02.5			3							
4	E	Michael Jones	Southend	05:07.6			4							
T32	17M 3000m 'A'						17M 3000m 'B'							
1	N	Andrew Livingstone	Thurrock	08:54.2		G1*	1	NN	Paul Bumstead	Thurrock	09:28.5		G3*	
2	B	Billy Lander	Basildon	10:08.2		G4	2	BB	Hayden Evans	Basildon	11:20.8			
3	E	Paul Whittaker	Southend	11:06.5			3							
4							4							
T74	17M 1500m S/Chase 'A'						17M 1500m S/Chase 'B'							
1	E	Peter Smale	Southend	04:51.8		G3*	1	BB	Brad Paynter	Basildon	05:28.0			
2	B	Billy Lander	Basildon	05:23.8			2							
3	FF	Ben Little	Croydon	06:24.3			3							
4							4							
T3	17M 400m Hurdles 'A'						17M 400m Hurdles 'B'							
1	B	Gianni Frankis	Basildon	58.3		G2*	1	EE	Simon Hemmings	Southend	73.4			
2	E	Daniel Chapman	Southend	65.9			2							
3							3							
4							4							
T46	17M 100m Hurdles 'A'						17M 100m Hurdles 'B'							
1	B	Gianni Frankis	Basildon	13.6		G1*	1	BB	Charles Evans	Basildon	14.9		G3*	
2	E	Daniel Chapman	Southend	15.5		G4	2	F	Michael Assamoah	Croydon	17.1			
3	FF	James Dasaolu	Croydon	16.9			3							
4							4							
F1	17M Hammer 'A'						17M Hammer 'B'							
1	F	Luke Adekoya	Croydon	43.76		G3*	1	BB	Ben Clow	Basildon	23.13			
2	B	Danny Brown	Basildon	31.94		G4	2	FF	Emlyn Akoto	Croydon	20.13			
3							3							
4							4							

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				Perf	Records	Grades					Perf	Grades
F56 17M Discus 'A'							17M Discus 'B'					
1	F	Luke Adekoya	Croydon	29.38		G4	1	B	Danny Brown	Basildon	21.82	
2	BB	Charles Evans	Basildon	28.60			2	NN	Andrew Livingstone	Thurrock	18.17	
3	N	Charlie Davies	Thurrock	27.93			3	FF	Ben Little	Croydon	10.53	
4							4					
F47 17M Javelin 'A'							17M Javelin 'B'					
1	N	Max Blake	Thurrock	46.06		G3*	1	BB	Chris Lumm	Basildon	34.48	
2	B	Ben Clow	Basildon	34.85			2	NN	Paul Bumstead	Thurrock	19.91	
3	F	Celestino Enengo	Croydon	26.29			3					
4	E	Peter Smale	Southend	24.21			4					
F65 17M Shot 'A'							17M Shot 'B'					
1	F	Luke Adekoya	Croydon	12.69		G3*	1	BB	Danny Brown	Basildon	10.41	
2	N	Charlie Davies	Thurrock	11.60		G4	2	FF	James Dasaolu	Croydon	9.89	
3	B	Ben Clow	Basildon	10.80			3	NN	Andrew Livingstone	Thurrock	6.44	
4	E	Mark Bailey	Southend	6.99			4					
F5 17M Long Jump 'A'							17M Long Jump 'B'					
1	N	Charlie Davies	Thurrock	5.35			1	BB	Chris Lumm	Basildon	5.00	
2	B	Chris Phillips	Basildon	5.20			2					
3							3					
4							4					
F73 17M Triple Jump 'A'							17M Triple Jump 'B'					
1	BB	Scott Phillips	Basildon	11.25			1	E	Mark Bailey	Southend	8.85	
2	EE	Peter Smale	Southend	9.90			2	B	Billy Lander	Basildon	7.48	
3							3					
4							4					
F23 17M High Jump 'A'							17M High Jump 'B'					
1	E	Simon Hemmings	Southend	1.80		G3*	1	FF	James Dasaolu	Croydon	1.65	G4
2	F	Michael Assamoah	Croydon	1.70		G4	2					
3	B	Charles Evans	Basildon	1.65		G4	3					
4							4					
F42 17M Pole Vault 'A'							17M Pole Vault 'B'					
1	F	Tom Crawford	Croydon	3.75		G2*	1					
2							2					
3							3					
4							4					
T71 17M 4 x 100m Relay 'A'												
1	F	Croydon	<i>Emlyn Akoto</i>	<i>James Dasaolu</i>			<i>Ashley Harris</i>		<i>Danny Doyley</i>		45.8	
2	B	Basildon	<i>Gianni Frankis</i>	<i>Tom Bavington</i>			<i>Chris Phillips</i>		<i>Chris Lumm</i>		46.3	
3												
4												
T76 17M 4 x 400m Relay 'A'												
1	B	Basildon	<i>Scott Phillips</i>	<i>LeeTydeman</i>			<i>Chris Phillips</i>		<i>Charles Evans</i>		03:42.4	
2	E	Southend	<i>Simon Hemmings</i>	<i>Peter Smale</i>			<i>Kieran Quinn</i>		<i>Mark Bailey</i>		03:52.2	
3	F	Croydon	<i>Tom Crawford</i>	<i>Ashley George</i>			<i>George Thatcher</i>		<i>Michael Assamoah</i>		03:59.5	
4												

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				Perf	Records	Grades					Perf	Grades	
T11 15B 100m 'A'				<i>Wind=</i>				15B 100m 'B'				<i>Wind=</i>	
1	EE	James McLean	Southend	11.8		G1*	1	FF	Joel Thompson	Croydon	12.4	G3	
2	F	Jermaine Alexander	Croydon	11.9		G1*	2	E	Richard Morissey	Southend	12.5	G3	
3	B	Stewart Adams	Basildon	12.6		G3	3	BB	Matt Harrison	Basildon	12.7	G3	
4	N	Sam Ashdown	Thurrock	12.7		G3	4	NN	Chris Travis	Thurrock	12.8	G4	
T28 15B 200m 'A'				<i>Wind=</i>				15B 200m 'B'				<i>Wind=</i>	
1	F	Jermaine Alexander	Croydon	24.4		G2*	1	FF	Gavin Roye	Croydon	24.9	G2*	
2	BB	Matt Harrison	Basildon	25.9		G4	2	B	Stewart Adams	Basildon	26.1	G4	
3	NN	Sam Dwyer	Thurrock	26.4		G4	3	N	Sam Ashdown	Thurrock	26.7		
4	EE	Ashley Dawson	Southend	26.8			4	E	Richard Morissey	Southend	28.2		
T48 15B 400m 'A'								15B 400m 'B'					
1	B	James Shane	Basildon	53.0		G1*	1	BB	Billy Hockley	Basildon	58.9	G4	
2	E	Ashley Dawson	Southend	59.8		G4	2	FF	Sam Caiccaux	Croydon	62.0		
3	N	Paul Robertson	Thurrock	60.3		G4	3	EE	Kevni Brown	Southend	64.5		
4	F	Mark Evans	Croydon	61.1			4	NN	Shaun Nicholls	Thurrock	75.3		
T20 15B 800m 'A'								15B 800m 'B'					
1	B	Billy Hockley	Basildon	02:17.8		G3	1	BB	Ty Madden	Basildon	02:45.8		
2	F	Claudius Ricketts	Croydon	02:19.8		G4	2	N	Shaun Nicholls	Thurrock	02:46.3		
3	E	Tom Stafford	Southend	02:27.9			3						
4	NN	Arsen Mataj	Thurrock	02:46.3			4						
T59 15B 1500m 'A'								15B 1500m 'B'					
1	B	James Shane	Basildon	04:22.1		G1*	1	BB	Jamie Reynolds	Basildon	04:57.9		
2	F	Abdi Mohammed	Croydon	04:38.4		G3	2						
3	N	Paul Robertson	Thurrock	04:45.2		G4	3						
4	E	-	Southend	5:06/8			4						
T37 15B 3000m 'A'								15B 3000m 'B'					
1	E	Ben Hunter	Southend	09:58.5		G2*	1	BB	Mark Samford	Basildon	11:14.9		
2	B	Jake Wright	Basildon	10:37.6		G4	2						
3	N	Steven Johnson	Thurrock	11:33.9			3						
4							4						
T39 15B 80m Hurdles 'A'				<i>Wind=</i>				15B 80m Hurdles 'B'				<i>Wind=</i>	
1	E	James McLean	Southend	11.6		G1*	1	F	Jamel Beckford	Croydon	12.5	G2*	
2	FF	Jason Coultman	Croydon	12.3		G2*	2	EE	Tom Stafford	Southend	16.8		
3	B	Danny Spelman	Basildon	13.3		G3	3	BB	Jake Wright	Basildon	18.6		
4	N	Tom Graham	Thurrock	13.4		G3	4						
F14 15B Hammer 'A'								15B Hammer 'B'					
1	F	Rohan Samuel	Croydon	26.41		G4	1	FF	Erasmus Ntim	Croydon	20.34		
2	B	Ben Peters	Basildon	18.22			2	BB	Jake Wright	Basildon	14.94		
3							3						
4							4						
F52 15B Discus 'A'								15B Discus 'B'					
1	FF	Trevor Okoroufor	Croydon	32.36		G2*	1	F	Jason Coultman	Croydon	27.04	G4	
2	N	Chris Travis	Thurrock	27.07		G4	2	NN	Sam Dwyer	Thurrock	19.12		
3	EE	James McLean	Southend	27.04		G4	3	E	Kevin Brown	Southend	17.25		
4	B	Jordan Clatworthy	Basildon	18.57			4	BB	Ty Madden	Basildon	15.67		
F41 15B Javelin 'A'								15B Javelin 'B'					
1	B	Danny Spelman	Basildon	35.86		G4	1	BB	Ty Madden	Basildon	6.38		
2	FF	Abdi Mohammed	Croydon	30.77			2	F	Trevor Okoroufor	Croydon	5.70		
3	E	Ben Hunter	Southend	25.01			3						
4	N	Chris Travis	Thurrock	24.45			4						

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				Perf	Records	Grades					Perf	Grades
F45 15B Shot 'A'							15B Shot 'B'					
1	F	Rohan Samuel	Croydon	12.69		G1*	1	FF	Erasmus Ntim	Croydon	10.23	G4
2	B	Ben Peters	Basildon	7.70			2	BB	Jordan Clatworthy	Basildon	7.20	
3	E	Ashley Dawson	Southend	7.66			3					
4							4					
F34 15B Long Jump 'A'							15B Long Jump 'B'					
1	F	Gavin Roye	Croydon	5.73		G2*	1	NN	Sam Dwyer	Thurrock	4.89	G4
2	N	Tom Graham	Thurrock	5.50		G2*	2	BB	Matt Harrison	Basildon	4.74	
3	E	Kevin Brown	Southend	5.50		G2*	3					
4	B	Jordan Clatworthy	Basildon	5.22		G3	4					
F64 15B High Jump 'A'							15B High Jump 'B'					
1	B	Danny Spelman	Basildon	1.65		G2*	1	BB	Darryl Sartain	Basildon	1.55	G3
2	N	Tom Graham	Thurrock	1.60		G3*	2	F	Claudius Ricketts	Croydon	1.45	G4
3	FF	Trevor Okoroufor	Croydon	1.55		G3	3					
4	E	Tom Stafford	Southend	1.40			4					
F6 15B Pole Vault 'A'							15B Pole Vault 'B'					
1	F	Ryzard Buk	Croydon	3.20		G1*	1					
2							2					
3							3					
4							4					
T69 15B 4 x 100m Relay 'A'												
1	F	Croydon	<i>Jamel Beckford</i>	<i>Joel Thompson</i>	<i>Gavin Roye</i>	<i>Jermaine Alexander</i>	48.3					
2	E	Southend	<i>Ashley Dawson</i>	<i>Kevin Brown</i>	<i>James McLean</i>	<i>Richard Morissey</i>	52.2					
3	B	Basildon	<i>Danny Spelman</i>	<i>Matt Harrison</i>	<i>Stewart Adams</i>	<i>Ty Madden</i>	52.5					
4	N	Thurrock	<i>Sam Dwyer</i>	<i>Chris Travis</i>	<i>Tony Graham</i>	<i>Arsen Mataj</i>	54.5					
T75 15B 4 x 400m Relay 'A'												
1	B	Basildon	<i>Billy Hockley</i>	<i>Jake Wright</i>	<i>James Shane</i>	<i>Mark Samford</i>	04:05.1					
2	F	Croydon	<i>Sam Caiccaux</i>	<i>Mark Evans</i>	<i>Claudius Ricketts</i>	<i>Abdi Mohammed</i>	04:08.1					
3	N	Thurrock	<i>Steven Johnson</i>	<i>Arsen Mataj</i>	<i>Shaun Nicholls</i>	<i>Paul Robertson</i>	04:51.2					
4												

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				Perf	Records	Grades					Perf	Grades	
T9 13B 100m 'A'				<i>Wind=</i>				13B 100m 'B'				<i>Wind=</i>	
1	F	Ehi Oboite	Croydon	12.9		G1*	1	FF	Kariym Irving	Croydon	13.7	G3	
2	E	Kyle Aldridge	Southend	14.2		G3	2	EE	Matt Lee	Southend	14.7	G4	
3	N	Ross Obukofe	Thurrock	14.9		G4	3	B	Jack Morris	Basildon	15.6		
4	BB	Jack Edgar	Basildon	15.1			4						
T26 13B 200m 'A'				<i>Wind=</i>				13B 200m 'B'				<i>Wind=</i>	
1	F	Ehi Oboite	Croydon	26.0		G1*	1	FF	Jordan Alexander	Croydon	28.6	G3	
2	B	Jack Morris	Basildon	29.2		G4	2	E	Adam McCarthy	Southend	29.9	G4	
3	EE	Tom Frith	Southend	29.6		G4	3	N	Ross Obukofe	Thurrock	31.6		
4	NN	Harry King	Thurrock	30.3		G4	4	BB	Dave Scrivens	Basildon	32.9		
T18 13B 800m 'A'								13B 800m 'B'					
1	N	Harry King	Thurrock	02:34.7		G3	1	B	Steve Shane	Basildon	02:48.9		
2	FF	Miles Beswick	Croydon	02:37.1		G3	2	F	Damilola Segun	Croydon	02:49.0		
3	BB	Stuart Frith	Basildon	02:37.5		G3	3						
4							4						
T57 13B 1500m 'A'								13B 1500m 'B'					
1	E	Tom Frith	Southend	04:57.7		G2*	1	BB	Rickie Reynolds	Basildon	05:27.1		
2	B	Bradley Fleming	Basildon	05:08.1		G3	2						
3							3						
4							4						
F44 13B Long Jump 'A'								13B Long Jump 'B'					
1	FF	Damilola Segun	Croydon	4.79		G2*	1	F	Kariym Irving	Croydon	4.53	G2*	
2	EE	Adam McCarthy	Southend	4.50		G2*	2	B	Jack Edgar	Basildon	3.58		
3	BB	Jack Morris	Basildon	3.73		G4	3	E	Kyle Aldridge	Southend	3.32		
4							4						
F55 13B Shot 'A'								13B Shot 'B'					
1	F	Kariym Irving	Croydon	9.63		G2*	1	FF	Ehi Oboite	Croydon	9.58	G2*	
2	N	Ross Obukofe	Thurrock	9.62		G2*	2	NN	Harry King	Thurrock	7.07	G4	
3	E	Kyle Aldridge	Southend	6.80		G4	3	B	Bradley Fleming	Basildon	5.41		
4	BB	Rickie Reynolds	Basildon	5.64			4						
T67 13B 4 x 100m Relay 'A'													
1	F	Croydon	<i>Jordan Alexander</i>		<i>Dami Segun</i>		<i>Kariym Irving</i>		<i>Ehi Oboite</i>		53.2		
2	B	Basildon	<i>Jack Edgar</i>		<i>Jack Morris</i>		<i>Stuart Frith</i>		<i>Dave Scrivens</i>		59.5		
3													
4													

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T12 17W 100m 'A'				<i>Wind=</i>				17W 100m 'B'				<i>Wind=</i>	
1	N	Natalie Le Beau	Thurrock	13.4		G4	1	B	Louise Cerson	Basildon	13.8		
2	BB	Jane Elmer	Basildon	13.7			2	E	Racheal Brown	Southend	14.9		
3	EE	Jenna Longhurts	Southend	13.7			3	FF	Sabrina Henry	Croydon	15.2		
4	F	Kimberley Campbell	Croydon	14.5			4						
T29 17W 200m 'A'				<i>Wind=</i>				17W 200m 'B'				<i>Wind=</i>	
1	F	Kayleigh Ferguson	Croydon	28.5			1	B	Jane Elmer	Basildon	29.2		
2	BB	Louise Cerson	Basildon	28.7			2	FF	Kimberley Campbell	Croydon	31.5		
3	EE	Nicole Kelly	Southend	29.9			3	E	Racheal Brown	Southend	32.3		
4	N	Lauren Sibley	Thurrock	30.6			4						
T51 17W 300m 'A'								17W 300m 'B'					
1	B	Hayley Moore	Basildon	43.8		G3*	1	BB	Anna Whitfield	Basildon	46.2		
2	E	Susan Reeves	Southend	44.6		G4*	2	EE	Danielle Wall	Southend	49.6		
3	F	Cecilia Borgia	Croydon	46.2			3						
4							4						
T21 17W 800m 'A'								17W 800m 'B'					
1	B	Hayley Moore	Basildon	02:21.8		G2*	1	EE	Danielle Wall	Southend	02:43.0		
2	F	Cecilia Borgia	Croydon	02:30.0		G4	2	BB	Jemma Fowler	Basildon	02:44.5		
3	E	Nicole Kelly	Southend	DISQ			3						
4							4						
T60 17W 1500m 'A'								17W 1500m 'B'					
1	B	Anna Whitfield	Basildon	05:14.8		G4	1	E	Carrion Le Fouon	Southend	05:35.3		
2	EE	Susan Reeves	Southend	05:14.9		G4	2	BB	Stephanie Desmeat	Basildon	05:38.0		
3							3						
4							4						
T43 17W 3000m 'A'								17W 3000m 'B'					
1	B	Stephanie Desmeat	Basildon	12:18.8		G4	1	BB	Jemma Fowler	Basildon	13:34.1		
2							2						
3							3						
4							4						
T38 17W 80m Hurdles 'A'				<i>Wind=</i>				17W 80m Hurdles 'B'				<i>Wind=</i>	
1	F	Diamella Gracea	Croydon	14.0			1	FF	Kayleigh Ferguson	Croydon	14.4		
2	BB	-	Basildon	16.5			2						
3							3						
4							4						
T2 17W 300m Hurdles 'A'								17W 300m Hurdles 'B'					
1	E	Susan Reeves	Southend	49.4		G3*	1	N	Lauren Sibley	Thurrock	54.4		
2	NN	Lauren Boosey	Thurrock	52.8		G4	2	B	Jane Elmes	Basildon	59.0		
3	F	Diamella Gracea	Croydon	55.1			3						
4	BB	Stephanie Desmeat	Basildon	55.3			4						
F72 17W Discus 'A'								17W Discus 'B'					
1	B	Kim Box	Basildon	23.01		G4	1	BB	Andrea Bacon	Basildon	11.37		
2	E	Louisa Taylor	Southend	22.33		G4	2	EE	Rachel Brown	Southend	9.77		
3							3						
4							4						
F35 17W Shot 'A'								17W Shot 'B'					
1	B	Kim Box	Basildon	9.10		G4*	1	EE	Jasmine Kelly	Southend	6.26		
2	F	Mirelle Fru	Croydon	8.27		G4	2	BB	Andrea Bacon	Basildon	4.97		
3	E	Louisa Taylor	Southend	7.88			3						
4							4						

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				Perf	Records	Grades					Perf	Grades
F24 17W Javelin 'A'							17W Javelin 'B'					
1	BB	Kim Box	Basildon	32.51		G3*	1	B	Louise Lockwood	Basildon	30.10	G3*
2	E	Louisa Taylor	Southend	16.88			2	EE	Jasmine Kelly	Southend	8.52	
3	N	Lauren Boosey	Thurrock	15.43			3					
4							4					
F15 17W Long Jump 'A'							17W Long Jump 'B'					
1	EE	Jenna Longhurst	Southend	4.67		G4	1	FF	Mirelle Fru	Croydon	4.44	
2	N	Natalie Le Beau	Thurrock	4.62		G4	2	E	Danielle Wall	Southend	3.76	
3	F	Kayleigh Ferguson	Croydon	4.60		G4	3	B	Louise Cerson	Basildon	3.62	
4	BB	Andrea Bacon	Basildon	3.85			4					
F53 17W High Jump 'A'							17W High Jump 'B'					
1	N	Natalie Le Beau	Thurrock	1.54		G3*	1					
2	E	Nicole Kelly	Southend	1.51		G3	2					
3							3					
4							4					
T70 17W 4 x 100m Relay 'A'												
1	F	Croydon	<i>Kimberley Campbell</i>			<i>Mirelle Fru</i>		<i>Diamella Gracea</i>		<i>Kayleigh Ferguson</i>	55.6	
2	E	Southend	<i>Susan Reeves</i>			<i>Jenna Longhurts</i>		<i>Jasmine Kelly</i>		<i>Nicole Kelly</i>	55.7	
3	B	Basildon	<i>Louise Ceron</i>			<i>Jane Elmes</i>		<i>Hayley Moore</i>		<i>Anna Whitfield</i>	56.3	
4												

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				Perf	Records	Grades					Perf	Grades	
T10 15G 100m 'A'				<i>Wind=</i>				15G 100m 'B'				<i>Wind=</i>	
1	N	Kelsey Boosey	Thurrock	13.4		G3	1	EE	Emma Collard	Southend	13.8	G4	
2	E	Lorna Sills	Southend	13.6		G3	2	FF	Rayanne Archer	Croydon	13.9	G4	
3	F	Jorden Berkeley	Croydon	13.7		G4	3	B	Lauren Edgar	Basildon	14.5		
4	BB	Kirsty Shepherd	Basildon	14.1		G4	4						
T27 15G 200m 'A'				<i>Wind=</i>				15G 200m 'B'				<i>Wind=</i>	
1	N	Kelsey Boosey	Thurrock	27.6		G3	1	F	Jorden Berkeley	Croydon	29.4		
2	E	Lorna Sills	Southend	27.9		G4	2	BB	Kirsty Shepherd	Basildon	29.5		
3	B	Gemma Grainger	Basildon	28.6		G4	3	EE	Natasha Bailey	Southend	31.2		
4	FF	Rayanne Archer	Croydon	29.0		G4	4						
T19 15G 800m 'A'								15G 800m 'B'					
1	E	Natasha Bailey	Southend	02:25.9		G2*	1	FF	Odette Campbell	Croydon	02:37.3	G4	
2	B	Nicola Frith	Basildon	02:29.9		G3	2	BB	Naomi Hutchinson	Basildon	02:38.1	G4	
3	F	Daisy Collingridge	Croydon	02:35.4		G4	3						
4							4						
T58 15G 1500m 'A'								15G 1500m 'B'					
1	B	Denise Dignum	Basildon	05:08.6		G3*	1	BB	Donna Lovelock	Basildon	05:17.0	G4	
2	E	Nikki Baynes	Southend	05:21.7		G4	2						
3							3						
4							4						
T36 15G 75m Hurdles 'A'				<i>Wind=</i>				15G 75m Hurdles 'B'				<i>Wind=</i>	
1	B	Amy Blackwell	Basildon	12.8		G3*	1	BB	Lauren Edgar	Basildon	12.9	G3	
2	E	Lauren Bouchard	Southend	14.0			2	F	Abby Martin	Croydon	15.1		
3	FF	Laura Hamilton	Croydon	14.8			3						
4	N	Leeanna Davies	Thurrock	15.2			4						
F63 15G Discus 'A'								15G Discus 'B'					
1	N	Leeanna Davies	Thurrock	23.49		G4*	1	EE	Emma Collard	Southend	11.18		
2	F	Natasha Matthews	Croydon	23.01		G4*	2	BB	Donna Lovelock	Basildon	10.20		
3	B	Micha Dornan	Basildon	18.30			3						
4	E	Charlie Atkins	Southend	12.40			4						
F16 15G Shot 'A'								15G Shot 'B'					
1	B	Daniella Gregory	Basildon	8.84		G3	1	BB	Micha Dornan	Basildon	8.12	G4	
2	E	Lorna Sills	Southend	8.66		G3	2	EE	Nikki Baynes	Southend	6.78		
3	N	Leeanna Davies	Thurrock	8.00		G4	3	FF	Sabrina Gough	Croydon	5.17		
4	F	Natasha Matthews	Croydon	7.67		G4	4						
F33 15G Javelin 'A'								15G Javelin 'B'					
1	B	Micha Dornan	Basildon	22.17		G4	1	BB	Roxy Wickes	Basildon	18.09		
2	F	Daisy Collingridge	Croydon	16.49			2	FF	Natasha Matthews	Croydon	10.43		
3	E	Natasha Bailey	Southend	14.40			3	EE	Nikki Baynes	Southend	6.19		
4							4						
F54 15G Long Jump 'A'								15G Long Jump 'B'					
1	N	Kelsey Boosey	Thurrock	4.73		G3*	1	BB	Amy Blackwell	Basildon	4.33	G4	
2	F	Mishea Shand	Croydon	4.59		G4	2	FF	Odette Campbell	Croydon	4.07		
3	B	Kirsty Wilson	Basildon	4.45		G4	3	EE	Charlie Atkins	Southend	4.05		
4	E	Lauren Bouchard	Southend	4.09			4						
F4 15G High Jump 'A'								15G High Jump 'B'					
1	B	Gemma Grainger	Basildon	1.55		G2*	1	BB	Kirsty Wilson	Basildon	1.45	G3*	
2	FF	Abby Martin	Croydon	1.35		G4	2	F	Mishea Shand	Croydon	1.30		
3	E	Lauren Bouchard	Southend	1.20			3						
4							4						

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T68 **156 4 x 100m Relay 'A'**

	Perf	Records	Grades		Perf	Grades
1	B Basildon	<i>Lauren Edgar</i>	<i>Denise Dignum</i>	<i>Gemma Grainger</i>	<i>Daniella Gregory</i>	54.3
2	F Croydon	<i>Alex Okoye</i>	<i>Laura Hamilton</i>	<i>Jorden Berkeley</i>	<i>Rayanne Lircner</i>	56.0
3	E Southend	<i>Lorna Sills</i>	<i>Charlie Atkins</i>	<i>Emma Collard</i>	<i>Nikki Baynes</i>	56.0
4						

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				Perf	Records	Grades					Perf	Grades	
T8 13G 75m 'A'				<i>Wind=</i>				13G 75m 'B'				<i>Wind=</i>	
1	E	Alice Nutman	Southend	10.5		G2*	1	FF	Camilla McDowell	Croydon	10.8	G3*	
2	F	Sharee Oliver	Croydon	10.7		G2*	2	EE	Eloise Williamson	Southend	11.5	G4	
3	B	Natalie Goodman	Basildon	11.1		G3*	3	BB	April Scorey	Basildon	11.9		
4							4						
T25 13G 150m 'A'				<i>Wind=</i>				13G 150m 'B'				<i>Wind=</i>	
1	E	Alice Nutman	Southend	20.8		G2*	1	BB	Gemma Vine	Basildon	22.6	G4	
2	F	Sharee Oliver	Croydon	21.4		G3*	2	FF	Akiah Irving	Croydon	22.6	G4	
3	B	Emily Eaton	Basildon	22.0		G3*	3	EE	Georgia Atkins	Southend	23.7		
4							4						
T17 13G 800m 'A'							13G 800m 'B'						
1	E	Felicity Clarke	Southend	02:52.5		G4	1	BB	Emmie Hubbard	Basildon	03:00.4		
2	B	Charlotte Dodd	Basildon	02:58.4			2	EE	Georgia Atkins	Southend	03:04.4		
3	F	Natalie Ferguson	Croydon	03:02.0			3						
4							4						
T50 13G 1200m 'A'							13G 1200m 'B'						
1	E	Catherine Nutman	Southend	04:10.1		G2*	1	EE	Chloe Montgomery	Southend	04:31.5	G4	
2	B	Rebecca Lovelock	Basildon	04:16.4		G3*	2	BB	Charlotte Doherty	Basildon	05:04.1		
3							3						
4							4						
T31 13G 70m Hurdles 'A'				<i>Wind=</i>				13G 70m Hurdles 'B'				<i>Wind=</i>	
1	E	Leah Darby	Southend	12.2		G2*	1	EE	Eleanor Evans	Southend	13.3	G3	
2	F	Akiah Irving	Croydon	13.6		G3	2	FF	Lauren Marshall	Croydon	15.3		
3	B	Gemma Vine	Basildon	15.3			3	BB	Rebecca Lovelock	Basildon	16.4		
4							4						
F7 13G Shot 'A'							13G Shot 'B'						
1	E	Leah Darby	Southend	8.01		G2*	1	FF	Lauren Marshall	Croydon	5.78	G4	
2	B	Emily Eaton	Basildon	6.28		G4	2	BB	Rebecca Lovelock	Basildon	5.73	G4	
3	F	Olivia Dight	Croydon	6.24		G4	3	EE	Felicity Clarke	Southend	4.25		
4	N	Linzi Boosey	Thurrock	5.43			4						
F62 13G Long Jump 'A'							13G Long Jump 'B'						
1	E	Eloise Williamson	Southend	4.15		G3*	1	EE	Eleanor Evans	Southend	3.86	G4	
2	B	Emily Eaton	Basildon	3.88		G4	2	FF	Natalie Ferguson	Croydon	3.47		
3	F	Cleo Assaba-Holt	Croydon	3.80		G4	3	BB	April Scorey	Basildon	3.02		
4	N	Linzi Boosey	Thurrock	3.30			4						
F40 13G High Jump 'A'							13G High Jump 'B'						
1	B	Natalie Goodman	Basildon	1.37		G2*	1	BB	April Scorey	Basildon	1.23	G4	
2	EE	Eleanor Evans	Southend	1.29		G3	2	E	Chloe Montgomery	Southend	1.15		
3	F	Olivia Dight	Croydon	1.10			3	FF	Natalie Ferguson	Croydon	1.10		
4							4						
T66 13G 4 x 100m Relay 'A'													
1	F	Croydon	<i>Akiah Irving</i>	<i>Camille McDowell</i>	<i>Sharee Oliver</i>	<i>Cleo Assaba-Holt</i>	57.2						
2	E	Southend	<i>Alice Nutman</i>	<i>Catherine Nutman</i>	<i>Leah Darby</i>	<i>Eloise Williamson</i>	58.0						
3	B	Basildon	<i>Emily Eaton</i>	<i>Gemma Vine</i>	<i>Natalie Goodman</i>	<i>Rebecca Lovelock</i>	58.9						
4													